

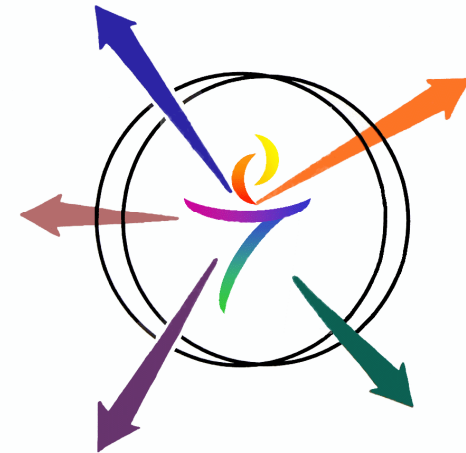
ADULT ENRICHMENT PROGRAMS

FIRST UNITARIAN UNIVERSALIST
CHURCH OF COLUMBUS

On-going Offerings

- *First UU Visual Artists - 4th Sundays after the 11:00 AM service*, - contact John Dickinson, 888-7677
- *Zen Meditation - Tuesdays at 7:00 PM and Saturdays at 8:30 AM* - (Orientation Session on the second Saturday of each month, 9:45- 10:45 AM) - more info: www.ZenColumbus.com or contact Tom Tucker, 263-9275
- *UU Humanists -3rd Wednesdays of each month, 7:30 PM-* contact Earl Wurdlow, 263-1193
- *Women's Spirituality - Wednesdays, 8:00 PM* - contact Jeanni Ray, 985-6176
- *Community Forums - First Friday of each month, 7:30PM; 2nd Sunday 12:30* - contact Earl Wurdlow, 263-1193
- *Fourth Friday Film Series* — contact Len Powlick at 451-4045
- *Men's Groups* - contact Greg Houston, (740) 369-8356
- *Book Bites - 3rd Tuesdays, 7 - 9 pm*, contact Kathleen Boston, 262-4025
- *UU Seniors* - contact Dick Dawson, 459-0787
- *Women's Sharing Circle* - Contact Deb McGuire, 799-8625, 571-4663 or Alice Rathburn, 614-895-2109
- *Memoir Groups* — contact Kathleen Boston at 262-4025 or Wanda Hambrick at 433-0363

ADULT ENRICHMENT PROGRAMS



Spring 2009

For more information about AEP contact:

The Church Office at 614-267-4946- or -
The Director of Religious Education, 614-267-4947 ext 28 - or
- Judy Fettman, 614-769-2729—or judyfet375@gmail.com

Theology/Scriptural Study

Roots and Wings-Topics in Unitarian and Universalist history

- What is it to live in history and be a creative and responsive participant in a religious heritage? In tandem with Mark's sermons, we will look at themes of resistance, love, brokenness, renewal, and family. Join us to explore some of the people, experiences and ideas that have shaped our living tradition. Expect to better understand how your personal narrative fits in the context of the larger relational whole.

Third Tuesday of each month, 7:30-9pm

Facilitator: Suzan McCrystal

UU History Nuts—What is the origin of the chalice in Unitarian Universalist worship? What is the relationship between Unitarian Universalists and the early Puritans? How have Emerson and the Transcendentalists shaped our present practices? If Unitarian Universalist Association had a spiritual canon, what works would or should be included?

UU History Nuts is a study group born out of the Rev. Eric Meeter's February/March 2009 history course. Participants are also the presenters and include a recovering fundamentalist, an ex-communicated Catholic, a reformed Jew, an ordained UU minister, a MIT scientist, and an ESL teacher.

4th Sundays 1:30-3:30

Minns Lecture — The Reverend Susan Ritchie will present **Building a New Andalusia: Unitarian Universalism in Creative Engagement with Judaism and Islam.**

Social historian and minister Rev. Susan Ritchie follows her January preview of the prestigious Minns lecture series with a sneak peak at the final lecture in the series offered at General Assembly in June.

A great deal of European Unitarian identity developed from its communal and theological proximities and interactions with Juda-

And Watch for More Information

Partners in Faith

Who are the Unitarians in Transylvania and what do they believe? As we begin partnership with the Unitarian church in Bolon (Belin), Romania, come learn a bit of Unitarian history and something of the state of Unitarians in Transylvania today. —Gretchen Faulstich

What Does It Mean to Be a Partner Church?

As we begin partnership with the Unitarian church in Bolon (Belin), Romania, come learn about the history of UU partner church arrangements, the services offered by the UU Partner Church Council, and ways to begin and build partnership. —the Partner Church Workgroup



PARENTS WITH YOUNG CHILDREN

First UU wants to make all classes and events available to families with children. Please call Marian in the front office to reserve a childcare spot **AT LEAST ONE WEEK BEFORE** the event. Please also call her if you need to cancel childcare. Many times only one family needs childcare.

Registration and Fee Information

Visit us at the AEP Information Table next to Fellowship Hall or register at the church website www.firstuucolumbus.org. Scroll down to the green text block nearly at the bottom of the home page and click on “General Information Requests and Sign Me Up Forms”

Then select “Adult Enrichment Program Course Sign-up Form.”

There are no fees for most classes and events. Look for the donation basket to help AEP bring more exciting and challenging programming.

November – Why do humans have so few genes? How is asymmetry determined in the embryo? How do organs and whole organisms know when to stop growing?

December – Science literacy in the population and the future for an enlightened democracy.

If you have specialized knowledge in any of these areas, would you like to help organize and facilitate a session? Contact Tom Baillieul for a complete program list – phone 614-447-1223, e-mail tbailleul@amaxx.com.

Generally scheduled for a weeknight at 7 pm in the last half of the month, subject to availability of expert speakers. Check *The Discoverer*, the Order of Celebration and the AEP table for updates.

Lights, Camera, Action! — Do you give presentations at the Church? Do you know what Audio/Visual equipment is available to enhance the quality of your event? Who do you see to arrange for projector and screen? Can you use your own computer? Do you know how to use the PowerPoint projector? Where does the blue plug go? Find out answers to these questions and more in a hands-on class for both first-time and seasoned presenters. One-time event

Sunday, April 5th at 12:30 PM
Facilitated by Tom Baillieul tbailleul@amaxx.com and
Earl Wurdlow earlword@yahoo.com

You may be interested in taking one of the on-line courses offered by the **Church of the Larger Fellowship**. Made available primarily for smaller fellowships, these classes are open also to larger churches. Past courses have included “A Chosen Faith: Self-Study Guide,” “Ancient Roots: The Feminine Face of Western Religion,” “Religion and Ecology: A Shared Fate, a Shared Task,” and “The Soul of Nature: A Journey into the Poetry of Mary Oliver.” <http://www.uurgl.com/learn/>

ism and Islam. We explore how a creative reclamation of this history can develop one of the promises of Unitarianism to be a new Andalusia - a theological place both conceptual and real, if not ever perfect, for serious multi-religious engagement. Moreover, we examine how doing so might release some of the energies North American Unitarianism has expended in the form of identity crisis into more constructive channels. This lecture is a part of the collaboration between First UU and North UU in offering outstanding programming for adults at the two congregations.

Tuesday, June 2, 7 pm
North Unitarian Universalist Congregation
1574 Franklin Street in Lewis Center, Ohio
Email Jolinda Stephens (dre@firstuucolumbus.org) for a ride

Atheist/Agnostic Circle – a monthly discussion of atheism.

Fourth Tuesday, 7 pm in Room 8.
Facilitators: Roger Marcum (rogermarcum@wowway.com) &
Len Powlick (451-4045)

UU Bible School – One of AEP's most popular offerings is a self-facilitated group which reads and discusses the great stories of the Bible in the context of when they were written, by whom, and against the backdrop of changing social, religious, political and economic conditions in the ancient Middle East. Periodic guest facilitators add depth to our own research efforts.

Second Tuesday, 7 pm
Facilitators: Tom Baillieul, 614-447-1223, tbailleul@amaxx.com
Chas Williams, 614-431-9596, cwilli6711@aol.com

Turn the World Around—Earth-honoring Celebrations for All Ages—Join us in honoring our Transcendental roots and our sources that speak to direct experience of the sacred and the spiritual teachings of earth-centered religions, as we celebrate the neo-Pagan Wheel of the Year. These are roots we need to claim and to adapt to our own needs in this time. Never have we needed rituals and ceremonies that help us reverence the earth that gives us life more than now. It is important that we also encourage this reverence in our children.

Turn the World Around is designed for all ages. It is celebration, based loosely on neo-Pagan holidays, that is child-friendly without being child-centered. It draws from paganism but also from religions around the world. We will use story, myth, music, drumming, ritual, readings and dance to help us feel our connection with and our dependence on the earth. Please join us and bring something for the altar.

Fridays at 7 pm, March 27, May 1, & June 19

Registration requested

Leadership & Communication

Writing Course — Back by popular demand! A series of three two-hour sessions covering the basics of writing clearer, more readable, more interesting memoirs. Each session will discuss the simple steps that will improve your memoirs and other non-fiction writing. Len Powlick has taught non-fiction writing on the college level for many years.

Thursdays 4/9, 4/23, and 4/30, 7-9 pm

Facilitator: Len Powlick, lpowlick@columbus.rr.com

Registration required/Limit 10 participants

Writing Your Ethical Will Based on the Seven Principles—



Leave a record of your life lessons and values for your children and grandchildren. Or, write a letter to your yet-unborn child about your hopes for them and what matters to you. This series of classes will help you identify your values based on the seven UU Principles and suggest ways of preserving them for family and friends.

Dates and times based on group preferences

Facilitated by Kathleen Fowler

Contact DRE Jolinda Stephens (JolindaS@firstuucolumbus.org)

or Judy Fettman (judyfet375@gmail.com)

Registration required

2009 A YEAR OF SCIENCE

2009 has been designated A Year of Science by the Coalition on the Public Understanding of Science (COPUS), a growing grassroots network of universities, scientific societies, science centers and museums, government agencies, advocacy groups, media, schools, educators, businesses, and industry – basically, anyone who cares about science and is concerned about national scientific literacy.

First UU will show it's support for the scientific adventure with monthly offerings examining questions which are at the forefront of the scientific endeavor, and for which the answers are still elusive.

Based on Science Magazine's 125th Anniversary perspective – Questions: What don't we know?

March – Where/how did life arise on Earth? Are we alone in the Universe? Tuesday, March 24th 7 PM, Tom Baillieul, Facilitator

April – How hot will the greenhouse Earth be? How many people can the world support? Will Malthus continue to be wrong? David Maywhoor & Tom Baillieul, Facilitators

May – What genetic changes made us uniquely human? What are the roots of human culture? Dr. Jeff McKee & Tom Baillieul, Facilitators

June – What is the universe made of? What is the nature of gravity?

July – What is the biological basis of consciousness? What gave rise to modern human behavior? Is morality hardwired into the brain? Chikako Cox, Co-Facilitator

August – How much can human life be extended?

September – What is the biological root of sexual orientation?

October – How does the Earth's interior work?

alone.

Wednesdays, April 8-May 13, 7:00 pm

Facilitators: Kathleen Fowler & Suzan McCrystal

Registration required, AEP Table or call the main office

Yoga Class -- Classic Integral Yoga Academy - introduction and explanation of poses, breathing practices and deep relaxation. Integral yoga, a synthesis of the various branches of yoga, is a scientific system for the harmonious development of the individual - physical, mental, emotional and spiritual. Perfect for beginners and advancing yogis. \$10 donation suggested for 1st UU. Come to all 6 classes or drop in. Learn new poses each class and take with you a personal practice with benefits. Bring yoga mat or towel and small blanket. Wear comfortable, loose fitting clothing.



Beginning Ap. 1st, 1st, 2nd, 4th, 5th Wednesdays 7:30 - 9:00pm
Linda Weigelt RYT certified Integral Yoga teacher – 397-7296

Registration requested

Parents of Infants and Toddlers---These informal gatherings meet monthly and are intended as a safe space for parents, infants and toddlers. New and first time parents are especially welcome. Come to share stories and celebrate milestones. Your children will enjoy playing in the same space.

Saturdays from 11 a.m.— 1 p.m., 4-11-09 and 5-9-09
With future meetings to be scheduled.
Facilitator: Nancy Powlick 451-4045

Arts & Creativity

First UU Visual Artists — Once monthly gathering of First UU's who have an interest or practice in the visual arts. Various discussion topics suggested by the group and opportunities to show “works in progress”

4th Sundays at 12:45 pm

Contact John Dickinson 888-7677

Soul Collage - We've all heard "a picture can say a thousand words." Come make your own picture, soul collage; express what you feel.

1st and 3rd Thursdays, 7 - 9 pm. Contact Jeanni Ray 985-6176.

Social Justice & Ecology

Healthy Children, Healthy Planet (Simply Living/ Earth Institute course) Reading/Discussion of how pervasive effects of advertising, media and our consumer culture can influence a child's view of the world. For parents, grandparents and friends of our children. Bring questions to Information Session on March 28. Workbook (\$25) to be purchased at Information Session. Self-facilitated.

Saturdays, March 28 — May 23, 10:00 - 11:30 am

Plus optional closing potluck

Register for class before March 23 for book order.

Simply Living/ 1st UU Liaison (433-0363)

First UU Green Team – The mission of this Board-appointed team is to: help make church operations more sustainable and cost effective; educate members about greener lifestyles; and join in common cause with local environmental groups. Meetings are the 3rd Sunday of each month at 12:30 PM. Anyone interested in joining should contact Tom Baillieul at 614-447-1223, email at tbailleul@amaxx.com; or Judy Houston at 740-369-8356, e-mail jhouston@columbus.rr.com.



White Privilege/Anti-Racism Study Group - The group has just completed discussion of Tim Wise's book **White Like Me: Reflections on Race from a Privileged Son**. As of this publication we don't have information about future

projects. Please check with the facilitator to learn when the next meeting will be.

Facilitated by Lauri Nandyal lnandyal@yahoo.com 471-6171

2008 Other Friday Film Series...Topic: "Race and Racism in American Films" Note especially June's film.

April : *Putney Swope*;

May: *Bamboozled*

June: *Traces of the Trade* (Documentary)

Traces of the Trade is a documentary about the present-day DeWolf family, descendants of the Rhode Island DeWolfs, the largest and wealthiest slave-trading family of the early United States. They meet to confront their past by visiting the sites associated with the slave trade that their family engaged in, and to consider their present -- particularly the guilt inherent in the source of their wealth. It is a profoundly moving experience.

All films at 7:00 pm on the fourth Friday

Community and Humanist Forums – This long-running series of talks by noted community leaders and scholars will look at the provocative issues of the day. Watch for times and topics in the Discoverer, and at the AEP area opposite Fellowship Hall.

Voluntary Simplicity (Earth Institute/Simply Living Course) — "Living More with Less," "Your Money or Your Life," "How Much is Enough," and "Swimming Against the Tide" are some of the chapters of this reading/discussion group. No experts; just ideas to read and toss about for your own exploration. Over 50 UU's have participated in the past. Bring questions to Informa-

tion Session on April 4. Workbook (\$25) to be purchased at Information Session. Self-facilitated.

Saturdays, Ap. 4 — May 30, 10:00 - 11:30 am

Plus optional closing potluck

Register for class before March 28 for book order.

Simply Living/ 1st UU Liaison (433-0363)

Milk Showing and Discussion —*Milk* is Gus Van Sant's filmed biography of the later years in the life of Harvey Milk, who was a great leader of the 1970s Gay and Lesbian movement and, as an elected member of the San Francisco Board of Supervisors, the first openly gay politician in the United States. The film contains a lot of historic footage as well as dramatic action, told in Van Sant's distinctive mode. Sean Penn's Golden Globe nominated performance as Harvey Milk has been hailed as one of the most profound and touching of the year. Join us for a showing of the film and discussion, based on the study guide that our own Mark Belletini wrote for the UUA, as well as some interactive activities to help participants look at their own awareness of sexual identity and gender issues.

Showing—Friday June 5, 7:30 pm

Discussions—Tuesdays, June 9th and 16th, 7:30—9:30 pm

June is Gay Pride month. Other events include the Columbus Pride Parade Saturday, June 20, and FUU's "Pride Service" on Sunday, June 14.

Personal Development & Healing

The Healing Journey — When grief feels overwhelming, it is helpful to seek out the company of others who have known the pain of loss. For those times there is our congregation's grief group, The Healing Journey. It doesn't matter what the source of your grief or loss may be. Some come to the group after the death of a spouse or partner, others after they've lost a job or after their beloved pet has died. It is our sense of loss and grief that unites us, not whatever may have prompted our grief. Together we honor one another's memories, so that none of us need feel we're